



JANUARY
2021

EAST RIVER
HIGH SCHOOL

DIRECTOR'S CORNER

Happy New Year Scholars, Parents, and East River Family!

Welcome back from the holiday break. 2021 is here and we are believing it will be our best year yet.

To start off the new year many of you have made New Year's resolutions or simply realigned your goals. We would love for you to add Project Rise's goals to your list.

Our first goal is to recruit new students to our program. If you know of any East River students who are first generation and low-income who need help preparing for college let us know. Program information can be found on our website www.trio.sdes.ucf.edu/project-rise/ and all questions can be directed to coretta.cotton@ucf.edu.

Our second goal is to increase tutoring hours. All scholars 9th -12th grade have access to free tutoring. We will be reviewing your transcripts and setting individual meetings to assist you in this area. We want to help you achieve the highest GPA possible!

We have many more goals, however, the last one we're asking you to assist with is increasing participation in program activities. We have weekly activities, college tours, and fun-filled workshops planned but we need YOU to make it a success.

Let's make participation a priority this year. We are committed to helping you prepare for your future. Join us and let's take 2021 by storm!

Coretta Cotton
Program Manager

Upward Bound Student Expectations

COMMITMENT

- Complete weekly college readiness activities
- Attend at least one Zoom workshop per month
- Complete weekly check-in with UB staff
- Read and reply to communication sent to you
- Send requested documents (schedule, college application lists, test scores, etc.)
- Seniors: Attend monthly senior meetings

Dedication

**SAVE
THE
DATE**

This month!

January 16th- Virtual Workshop

January 18th- MLK Day of Service

January 26th- Virtual College Tour

JANUARY BIRTHDAYS

Happy Birthday!

Richard Ortiz

Tyree Brown

Alonzo Ferguson

WHAT DO COLLEGES LOOK FOR?

Should schools encourage students to join more extra curricular activities rather than emphasize GPA so heavily?

3.0 unweighted GPA baseline for most state universities

1000 average score for combined SAT categories for most state universities

21 50th percentile overall ACT score for most state universities

TIPS FOR COLLEGE ADMISSIONS

- Colleges look for rigor; one should challenge oneself, but should not push too hard.
- Get involved in lots of activities and clubs, and become a captain or officer.
- If you have a job or internship, emphasize it in an application. Work shows one's ability to work in a team and under stressful situations.
- Do not be afraid to brag. Colleges want to see involvement, awards and accomplishments.

To show versatility of extra curriculars, get involved in these three types of activities.



THE PERSONALITY ACTIVITY. When colleges see a personality activity, they get to see one's interests. While colleges like to see one's work ethic and academic strengths, showing them passions and hobbies also helps them determine if one is a good fit for their school.
EXAMPLES: Sports teams, band, yearbook, chess club, cheer



THE ACADEMIC ACTIVITY. Colleges love to see academic activities to see a student's academic strength and enrichment outside of the classroom. It helps show interest in a certain field or major and can lead to more opportunities for networking.
EXAMPLES: Math Club, Quiz Bowl, computer programming



THE COMMUNITY SERVICE ACTIVITY. One of the most important aspects to any college application is involvement in the community. It helps develop critical thinking and problem solving skills and shows one's ability to work as an individual and as a team member.
EXAMPLES: Key Club, National Honor Society, internships

STAY CONNECTED

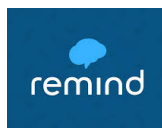
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UCF Upward Bound Project RISE



Student Remind:
[rmd.at/ucfub](https://remind.com/rmd.at/ucfub) or text @ucfub to 81010

Parent Chat:
[rmd.at/2644kg](https://remind.com/rmd.at/2644kg) or text @2644kg to 81010



For more information please visit our website:

<https://trio.sdes.ucf.edu/project-rise/>