



**MARCH
2021**

**EAST RIVER
HIGH SCHOOL**

DIRECTOR'S CORNER

Welcome to the month of March Rise scholars, parents, and East River Family. In the month of March, we celebrate the beauty of the Spring season. Spring is symbolic of new beginnings, rebirth, and renewal.

What goal can you recommit to this season or what new idea are you willing to try? I encourage each of you to set an educational goal and a personal life goal. Educational goals can include increasing your GPA, applying to at least one scholarship per month, or learning a new language. A personal life goal could be to exercise three times a week, volunteer to help someone less fortunate, or to start a new hobby. Be creative, challenge yourself. New beginnings can be used to wipe the slate clean, forgive ourselves for past mistakes, and start again. Starting something new can be scary and exciting at the same time. Regardless of what emotion you may be feeling know that you can accomplish anything you put your mind to.

Commit each day to put one foot in front of the other. Just as a beautiful flower opens up and blossoms in the Spring, we are excited to see the many ways you will flourish as you pursue your goals.

May the spirit of Spring rejuvenate and motivate us to find the beauty in all that we do.

New beginnings + new goals + commitment = Mega Success!

Coretta Cotton

Program Manager

MARCH BIRTHDAYS

Happy Birthday

Christianna Stuckey

Brianna Aponte

Autumn Kissinger



MEET OUR NEW ACADEMIC COORDINATOR



NISSA SUAREZ

Mother of 3, mentor to many

I first began my career in education in my hometown of New York as a college admissions & financial aid counselor. I have worked in areas of student activities and residence life until I relocated to Orlando, FL where I then became an OCPS teacher and spent 13 years with the county.

My twenty-two years of public-private school experience as a teacher and counselor greatly contribute to my knowledge of working with diverse families. My passion is working with teenagers, helping them to overcome obstacles and realize their full potential.

During my career, I have been dedicated to working with students and their families, assisting them in areas of academics, the college application and financial aid process, as well as exposure to cultural and extra-curricular opportunities.

I am a firm believer that building relationships with students is a powerful tool that doesn't end at graduation. I too graduated college from a federally funded program (US Department of Education), HEOP and am a proud product of what it means to be a first-generation college student. My mission is to assist each student with setting and meeting goals, take one step closer towards success and proudly becoming their families' first college graduate.

To each East River HS Project Rise student & their family:

I look forward to meeting you and establishing positive relationships together as WE RISE!!

UPCOMING EVENTS



Luck is when
an opportunity
comes along
and you're
prepared for it.

Denzel Washington



STAY CONNECTED

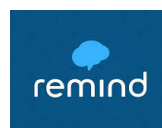
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@ucfubrise



UCF Upward Bound Project RISE



Student Remind:

[rmd.at/ucfub](https://remind101.com/join/rmd.at/ucfub) or text @ucfub to 81010

Parent Chat:

[rmd.at/2644kg](https://remind101.com/join/rmd.at/2644kg) or text @2644kg to 81010



For more information please visit our website:

<https://trio.sdes.ucf.edu/project-rise/>